

Examples Of Define Self-Awareness In Everyday Life



Yes, if you're here, you're already a little bit brave. The coals of your everyday bravery are already warm.

You do have the strength you need. I get your struggles: your doubts, feeling weak, falling apart, losing your hope. But even battered, frail, or wounded, you can be brave. I know you can because I've had to be brave under fire too.

I've been in the trenches, like you, stitching my own torn heart back together with golden light-thread.

Life is hard. We can all do tough stuff. We have to.

Our bravery grows from tiny sparkles of golden openness, into shining-brighter adaptability then finally bursts with gleaming resilience.

You have my faith in you, in all of us together, my friend. I'm here for you, cheering on your bravery! You're a graceful warrior. You can become even braver, little by little, step by step, every day. Tell me how you're trying and what works for you. Don't be shy about leaving your comments.

I wish you well.

Website : <https://bebrave.us/>